Summary of OEM Idling Recommendations from Vehicle Owner’s Manuals

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Scott Curran
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June 2016

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Energy and Transportation Sciences Division

Summary of OEM Idling Recommendations from Vehicle Owner’s Manuals

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January 2016

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EXECUTIVE SUMMARY

The project upon which this report is based was conceived in 2012 during discussions between the East Tennessee Clean Fuels Coalition (ETCleanFuels) and Oak Ridge National Laboratory (ORNL) who both noted that a detailed summary of idling recommendations for a wide variety of engines and vehicles were not available in the literature. The two organizations agreed that ETCleanFuels would develop a first-of-its-kind collection of idling recommendations from the owner’s manuals of modern production vehicles.

Vehicle engine idling, a subject that has long been debated, is largely shrouded in misinformation. The justifications for idling seem to be many: driver comfort, waiting in lines, and talking on cell phones to name a few. Assuredly, a great number of people idle because of the myths and misinformation surrounding this issue. This report addresses these myths by turning to statements taken directly from the automobile and engine manufacturers themselves.

None of the manufacturers mentioned in this report recommend extended idle time. In fact, the vast majority recommend that drivers avoid excessive idle time and idle only if necessary. Light-duty vehicles are ready to be driven at start up, and neither medium- nor heavy-duty vehicles need long warm up periods. According to many original equipment manufacturers (OEMs), idling can actually be damaging to an engine and vehicle components. This is because idling can produce sulfuric acid, which can eat away at the engine and other components. Additionally, idling results in lower in-cylinder temperatures combustion, which can produce additional soot, creates buildup in the engine, and causes unnecessary engine wear. Based on the potential for engine damage, drivers should avoid idling whenever possible.

In addition to increased engine wear and tear, idling should be avoided for other important reasons. Vehicles get 0 MPG and fuel is unnecessarily wasted while idling. This wasted fuel can be costly over the course of a year, especially for fleets. The amount of fuel wasted will vary from vehicle to vehicle and depends on a number of conditions; however, a good rule of thumb to remember is that the larger the engine, the more fuel will be wasted while idling. Many OEMs also state that engine oil can be affected by extended idling because the oil becomes contaminated, resulting in a decrease in oil life and thus the need for more frequent oil changes—another expense.

The harmful emissions that idling creates should also be considered. These emissions include nitrogen oxides, carbon monoxide, carbon dioxide, and particulate matter. Some of these pollutants pose health threats on their own, and some will come into contact with heat and sunlight to form ground level ozone, a potent pollutant that can worsen asthma and other respiratory problems and cause reduced lung

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Common Myths About Idling
- Idling is more efficient and uses less fuel than turning the engine off and on again.
- Turning the engine off and on is hard on the starter.
- Idling is the best way to warm up the engine, especially in cold weather.
- Idling does not cause damage to a vehicle’s engine.

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function. Ground level ozone is especially harmful to children, the elderly, people who work or exercise outside, and people with existing lung problems.²

As stated previously, idling is occasionally necessary, as is the case for some delivery trucks, instances of extreme weather, or waiting in a slow-moving line. However, most idling is unnecessary and can be eliminated through conscious effort. Some manufacturers do recommend a very short warmup or cooldown period, but only if a vehicle has been under high-power operation. Generally speaking, more than 5 minutes of idling is excessive and should be avoided.

1. INTRODUCTION

This report and the project on which it is based were conceived in 2012 during discussions between the East Tennessee Clean Fuels Coalition (ET Clean Fuels) and Oak Ridge National Laboratory (ORNL) who both noted that a detailed summary of idling recommendations for a wide variety of engines and vehicles were not available in the literature. The two organizations agreed that ET Clean Fuels would develop a first-of-its-kind collection of idling recommendations from manufactures.

1.1 BACKGROUND

While idling recommendations for some light-duty (LD), medium-duty (MD), and heavy-duty (HD) vehicles can be found in various sources, that information may be misstated or inaccurate depending on the source. Drivers of all types of vehicles may behave according to the many common misconceptions about idling. Often drivers believe or assume that leaving an engine running is more beneficial than turning it off when, in fact, most manufacturers recommend idling only for very limited periods or not at all.

1.2 PURPOSE

The purpose of this work is to amass the best idling recommendations for LD, MD, and HD vehicles. Depending on the company or manufacturer, the amount of information provided on idling varies or may be contained in different formats. While not an all-inclusive compendium of idling information, this summary does aggregate the best current and older recommendations from original equipment manufacturers (OEMs) and other sources available at the time of the compilation to present the information in one location.

The following sections cover LD, MD, and HD vehicle idling recommendations. The information in the tables in each section is presented alphabetically by OEM.

For this work, the following gross vehicle weight rating mass categories were used.

- <10,000 pounds—light duty
- 10,000–26,000 pounds—medium duty
- >26,001—heavy duty

2. LIGHT-DUTY VEHICLES

Summary of idling recommendations for LD vehicles

- Avoid idling for long periods of time.
- Idling beyond 30 seconds is excessive and should be avoided.
- Extended idling wastes fuel and causes reduction in fuel economy.
- Excessive idling can affect the life of engine oil.
- Idling is not the appropriate way to warm the engine at start-up.
<table>
<thead>
<tr>
<th>OEM</th>
<th>Recommendation</th>
<th>Reference</th>
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<tbody>
<tr>
<td>BMW</td>
<td>Drive away without delay. Do not wait for the engine to warm up while the vehicle remains stationary. Switch off the engine during longer stops, e.g., at traffic lights, at railroad crossings, or in traffic congestion. Do not race the engine while warming it up. Drive at moderate speed for a short distance first, especially in cold weather. Do not allow the engine to warm up by leaving it running while the vehicle remains stationary. Instead, begin to drive at a moderate engine speed. Driving off immediately: Do not allow the engine to warm up by leaving it running while the vehicle remains stationary. Instead, begin to drive at a moderate engine speed. This is the fastest way for the cold engine to reach its operating temperature.</td>
<td>2013 6 Series, X3 Manuals  2006 Z4 Coupe Manual  2009 328i Manual  2008 535i Manual  2010 328i xDrive Sedan Manual  2008 650i Coupe Manual  2008 128i Coupe Manual</td>
</tr>
<tr>
<td>Chevrolet</td>
<td>It is better not to park with the engine running.  Do not race the engine immediately after starting it. Operate the engine and transmission gently to allow the oil to warm up and lubricate all moving parts. Avoid idling the engine for long periods of time.  It is better not to park with the engine running.  Do not race the engine immediately after starting it. Operate the engine and transmission gently to allow the oil to warm up and lubricate all moving parts.  Do not warm up the car. Even on the coldest mornings, the vehicle is ready to go in just 30 seconds. In fact, vehicles reach optimum operating temperatures faster when driven instead of idling. Avoid idling: A car gets 0 mpg when the engine is idling: While it does take a small amount of fuel to restart a vehicle, 15 minutes in the drive-through can burn through a quarter of a gallon of fuel.</td>
<td>2012 Chevrolet Express Manual  2008 Equinox, HHR Manuals  2013 Malibu Manual  2012 Chevy Corvette, Impala Manuals  2011 HHR, Aveo Manuals  2010 HHR, Aveo, Malibu, Cobalt Coupe Manuals  2009 Silverado Manual  <a href="http://www.youtube.com/watch?v=ZfB3HuNbn2M">http://www.youtube.com/watch?v=ZfB3HuNbn2M</a>  <a href="http://media.gm.com/product/public/us/en/FuelEfficiency/tips.html">http://media.gm.com/product/public/us/en/FuelEfficiency/tips.html</a></td>
</tr>
<tr>
<td>Ford</td>
<td>Don’t idle for more than 30 seconds. Today’s engines don’t need to be warmed up. Prolonged idling creates excess emissions and wastes fuel. Start the car and immediately drive away. Older model, non-fuel-injected vehicles needed warmup time. We recommend you check with the service department of your local Ford dealership regarding specific engines.</td>
<td><a href="http://corporate.ford.com/news-center/press-releases-detail/ecdriving-458p">http://corporate.ford.com/news-center/press-releases-detail/ecdriving-458p</a></td>
</tr>
<tr>
<td>Car Make</td>
<td>Instructions</td>
<td>References</td>
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<tr>
<td>Honda</td>
<td>Avoid excess idling. Idling results in 0 mpg (0 km/L). Fuel economy factors: excessive idling.</td>
<td>2009 Ridgeline, Fit Manuals 2010 CRV Manual</td>
</tr>
<tr>
<td>Hyundai</td>
<td>“While during the break in period avoid idling for longer than 3 minutes, after the break in period of 600 miles avoid idling at high engine speeds for longer than 5 minutes.”</td>
<td>Correspondence with Hyundai representative</td>
</tr>
<tr>
<td></td>
<td>Don’t let the engine idle longer than necessary. If you are waiting (and not in traffic), turn off your engine and restart only when you’re ready to go. Remember, your vehicle does not require extended warm-up. After the engine has started, allow the engine to run for 10 to 20 seconds before placing the vehicle in gear. In very cold weather, however, give your engine a slightly longer warm-up period.</td>
<td>2010 Elantra Manual</td>
</tr>
<tr>
<td>Infiniti</td>
<td>Allow the engine to idle for at least 30 seconds after starting. Do not race the engine while warming it up. Drive at moderate speed for a short distance first, especially in cold weather. In cold weather, keep the engine running for a minimum of 2–3 minutes before shutting it off. Starting and stopping the engine over a short period of time may make the vehicle more difficult to start.</td>
<td>2012 FX Manual 2008 G Manual JX Owners Manual QX Owners Manual</td>
</tr>
<tr>
<td></td>
<td>There are also some things you may not want to do because they may reduce your fuel economy, e.g., idling for periods longer than 1 minute.</td>
<td>2013 MKS Manual</td>
</tr>
<tr>
<td>Mazda</td>
<td>After idling for a few seconds, release the parking brake, apply the brake, shift into gear, and drive. Idling for long periods of time, e.g., more than 1 minute, may waste fuel.</td>
<td>2011 Tribute Manual</td>
</tr>
<tr>
<td></td>
<td>After starting the engine, let it idle for about 10 seconds. Do not operate the engine at high idle for more than 5 minutes.</td>
<td>2010 Mazda 6 Manual</td>
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<td></td>
<td>Idling your Mercedes-Benz can use a quarter to a half gallon of fuel per hour, depending on engine size and air conditioner</td>
<td><a href="http://www.mercedes-jacksonville.com/2011/10/five-">http://www.mercedes-jacksonville.com/2011/10/five-</a></td>
</tr>
<tr>
<td>Make</td>
<td>Tips</td>
<td>Resources</td>
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</table>
| Nissan       | Avoid unnecessary engine idling.  
Allow the engine to idle for at least 30 seconds after starting.  
Do not race the engine while warming it up. Drive at moderate speed for a short distance first, especially in cold weather.  
In cold weather, keep the engine running for a minimum of 2–3 minutes before shutting it off. Starting and stopping the engine over a short period of time may make the vehicle more difficult to start.  
Extensive idling may require more oil and filter changes. | 2012 Altima Manual  
2011 Quest Manual  
2010 Maxima Manual  
2009 Z Roadster Manual  
2008 XTerra Manual |
| Toyota       | The longer the warming-up time is, the more fuel will be lost.  
Set off just after starting the engine. If you start the engine when it’s very cold or if you’re starting an engine that has not been run for several days or more, wait for some dozens of seconds after starting the engine until oil is distributed throughout the engine and then set off.  
Stop the engine instead of idling, if possible. Stop the engine, even for a short time, such as when stopping by a convenience store, when loading or unloading, or when waiting for an empty space in a parking lot. If the engine is running, gasoline will be consumed even if the car is stopped.  
Avoid lengthy warmup idling. Once the engine is running smoothly, begin driving—but gently. Remember, however, that on cold winter days this may take a little longer.  
Avoid long engine idling. If you have a long wait and you are not in traffic, it is better to turn off the engine and start again later. | http://www.toyota-global.com/sustainability/environmental_responsibility/global_warming_prevention_initiatives/eco_driving/eco_driving_at_its_best.html#start  
http://www.toyota-global.com/sustainability/environmental_responsibility/global_warming_prevention_initiatives/eco_driving/eco_driving_at_its_best.html#start |
| Volkswagen   | Do not let your vehicle warm up while standing; instead, start driving right away after making sure that you have good visibility through all windows. This will help the engine reach operating temperature faster and keep emissions down.  
Avoid idling. You get 0 MPG when you idle. | Current Volkswagen Owners Manuals  
| Volvo        | Don’t let your car run at idling speed unless necessary (it’s worth your while to switch off the engine if you’re going to be at a standstill for more than 20 or 30 seconds). | [http://www.swedespeed.com/article2/publish/Volvo_News/Volvo_Cars_Driving_Academy_-_Interest_in_Eco-Drivi_1073.html](http://www.swedespeed.com/article2/publish/Volvo_News/Volvo_Cars_Driving_Academy_-_Interest_in_Eco-Drivi_1073.html) |
3. MEDIUM-DUTY VEHICLES

Summary of idling recommendations for MD vehicles

- Avoid excessive idling.
- Idling beyond 5–15 minutes is excessive and should be avoided.
- Extended idling wastes fuel and causes reduction in fuel economy.
- Excessive idling can create engine wear and carbon soot buildup in the engine and components.
- Idle time at cooldown is only required if vehicle is operated under extended, high power conditions.

<table>
<thead>
<tr>
<th>OEM</th>
<th>Recommendation</th>
<th>Reference</th>
</tr>
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</table>
| Caterpillar | Cat engines with ACERT technology do not require long cooldown periods. Therefore, do not idle for long periods of time.  
—If the vehicle is to be parked for more than 5 minutes, shut it down  
—If idling for heating or cooling, idle between 800 and 1,000 revolutions per minute (rpm).  
—Please note that a reduction in idle time from 50% to 25% can improve fuel economy up to 4%.  
Excessive idling wastes fuel, adds contaminants to the oil, and adds carbons to the combustion chamber. Allow the engine to warm up during the normal walk-around inspection. The engine will approach operating temperature while driving at low engine speeds and low power as you begin your trip. | http://www.cat.com/cda/files/2222312/7/LEDT4661-02.pdf                  |
| Ford        | Ford Motor Company defines extended idling as follows.  
- More than 10 minutes per hour of normal driving  
- Frequent low speed operation  
- Sustained heavy traffic at less than 25 mph | https://www.fleet.ford.com/truckbbas/non-html/DeiselTips/DLSIDLTETIMESS.pdf |
| Freightliner| Uses Cummins engines.  
Excessive idle: Should be avoided when possible. Results in reduced fuel economy and increased engine wear. An automatic shutdown feature is available.  
Fast idle: ISB (Interact System B) engines with the common rail fuel system may automatically increase engine speed under cold ambient conditions to decrease time for engine warmup under idling conditions.  
Engine warmup: Do not operate at full speed/load until coolant temperature reaches normal operating range. Do not operate above low idle until oil pressure is indicated.  
Engine cooldown: Before shutdown, an engine should be idled 3–5 minutes after extended full throttle or high power operation. However, under normal driving conditions, such as exiting a highway, engine operation is generally lighter in nature and, therefore, the 3–5 minute cooldown is not necessary. | http://www.cummins-sp.com/support/rv_maintenance_operation-isb.htm       |
| Freightliner | Uses Cummins engines. Internal combustion engines must not operate at low idle speed for extended periods of time. This operating condition may lead to poor engine performance. The idle shutdown feature, available on most Cummins engines, can be programmed to shut the engine down after a period of low idle speed operation with no driver activity. A flashing warning lamp will inform the driver of an impending shutdown. If an engine must idle for an extended period of time, it should be done at fast idle (1,000 rpm or greater). The Power Take Off (PTO) feature, available on most Cummins engines, can be programmed to adjust engine speed with the use of OEM switches to preprogrammed setpoints. | Cummins Operation and Maintenance Manuals ISL, ISC, ISB, Section 101-015 “Operating the Engine” |
| International | Uses MaxxForce engines. Low idle speed for the MaxxForce DT, 9, and 10 diesel engines is 700 rpm (nonadjustable). If the engine coolant temperature is below 70°C (158°F), the electronic control module will adjust the low idle speed from 700 rpm to a maximum of 875 rpm. High idle speed is a nonadjustable factory setting. The high idle setting depends on the application of the vehicle and has the following ranges: MaxxForce DT: 2,600 rpm through 2,770 rpm; MaxxForce 9 and 10: 2,325 rpm through 2,425 rpm. To prevent engine damage, do not extend low idle periods. Idling periods over 15 minutes should be avoided. Diesel engine efficiency is improved when the cylinder temperature remains high. Low temperature in cylinders may cause the following: (1) unburned fuel to seep from exhaust manifold gaskets and vehicle exhaust system connections (this seepage has the dark-colored appearance of lubricating oil); (2) incomplete combustion, resulting in unburned fuel, which washes lubricating oil from cylinder sleeves; (3) unburned fuel to be carried into the lubricating oil, diluting the oil and changing its viscosity; (4) carbon to form on turbocharger and exhaust gas recirculation (EGR) components, reducing engine efficiency; and/or (5) carbon to clog and damage the diesel particulate filter (DPF). | MaxxForce Engine Operation and Maintenance Manual DT 9 and 10 Diesel Engines |
| PACCAR | Idle the engine 3–5 minutes before operating with a load. CAUTION: Do not allow your engine to idle, at low engine speeds (400–600 rpm), longer than 5 minutes. Long periods of idling after the engine has reached operating temperatures can decrease engine temperature and cause gummed piston rings, clogged injectors, and possible engine damage from lack of lubrication. The normal torsional vibrations generated by the engine can also cause transmission wear. If an engine must idle for an extended period of time, it should be done at fast idle (1,000 rpm or greater). Caution: Do not operate the engine at low idle for long periods with engine coolant temperature below the minimum specification in “Cooling System.” This can result in the following: fuel dilution of the lubricating oil, carbon build up in the cylinder, cylinder head valve sticking, and reduced performance. If an engine must idle for an extended period of time, it should be done at fast idle (1,000 rpm or greater) until the coolant temperature meets the specification. Prolonged periods of idling after the engine has reached operating temperatures can decrease engine temperature and could cause | PACCAR PX-6, PX-7, PX-8, PX-9 Operator’s Manuals |
| PAACAR cont. | engine damage from inadequate lubrication. The normal torsional vibrations generated can also cause transmission wear. An idle shutdown feature, available on PACCAR engines, can be programmed to shut the engine down after a period of low idle operation with no driver activity. A flashing warning lamp will inform the driver of an impending shutdown. Failure to comply may result in equipment or property damage.

Never leave the engine idling when the vehicle is unattended. If the engine should overheat, immediate action is required to correct the condition. Failure to take immediate action may result in serious engine damage. If you must leave your vehicle unattended, shut down the engine.

Do not idle the engine for excessively long periods. Long periods of idling, more than 10 minutes, can cause poor engine performance. Allow the engine to idle 3 to 5 minutes before shutting it off after full-load operation. This allows adequate cooldown of pistons, cylinders, bearings, and turbocharger components, greatly increasing service life. |
| UD Trucks Corp. (Volvo/Nissan Diesel) | There are different recommendations depending on the model year of the vehicle.

For 2011 and newer vehicles, there is a warmup switch on the dash that is used during starting to properly warm up the vehicle. Proper warmup time depends on ambient air temperature and engine coolant temperature. Thus the time for proper warmup will vary. Vehicle application and local laws will dictate idling duration. Typically, if the vehicle is stationary and not being used, the engine should be turned off to conserve fuel. Certain vehicles are approved for “clean idle” if extended idle is required for vehicle application. The vehicle can also be programmed to shut the engine off automatically after a predetermined time. | Correspondence with UD representative |
4. **HEAVY-DUTY VEHICLES**

Summary of idling recommendations for HD vehicles

- Idling beyond 5–15 minutes is excessive and should be avoided.
- Extended idling wastes fuel and causes reduction in fuel economy.
- Excessive idling can create engine wear and carbon soot buildup in the engine and components.
- Idling produces sulfuric acid which can eat into engine surfaces and components.
- Idle time at cooldown is only required if vehicle operated under extended, high power conditions.

<table>
<thead>
<tr>
<th>OEM</th>
<th>Recommendation</th>
<th>Reference</th>
</tr>
</thead>
</table>
| Caterpillar | Cat engines with ACERT technology do not require long cooldown periods. Therefore, do not idle for long periods of time.  
—If the vehicle is to be parked for more than 5 minutes, shut it down  
—If idling for heating or cooling, idle between 800 and 1,000 rpm  
A reduction in idle time from 50% to 25% can improve fuel economy up to 4%.  
Excessive idling wastes fuel, adds contaminants to the oil, and adds carbons to the combustion chamber. Allow the engine to warm up during the normal walk-around inspection. The engine will approach operating temperature while driving at low revolutions per minute and low power as you begin your trip. | [http://www.cat.com/cda/files/2222312/7/LEDT4661-02.pdf](http://www.cat.com/cda/files/2222312/7/LEDT4661-02.pdf) |
| Cummins     | Internal combustion engines must not operate at low idle speed for extended periods of time. This operating condition may lead to poor engine performance. The idle shutdown feature, available on most Cummins engines, can be programmed to shut the engine down after a period of low idle speed operation with no driver activity. A flashing warning lamp will inform the driver of an impending shutdown. If an engine must idle for an extended period of time, it should be done at fast idle (1,000 rpm or greater). The Power Take Off (PTO) feature, available on most Cummins engines, can be programmed to adjust engine speed with the use of OEM switches to preprogrammed set points. | Cummins Operation and Maintenance Manuals ISX, ISM, Sections 101-015, “Operating the Engine” |
| International | Behaviors such as avoiding sudden accelerations and excessive idling can have a positive impact on each vehicle’s fuel economy. For example, because idling yields 0.0 MPG, every hour of idling reduces fuel economy by 1%.  
Uses MaxxForce engines (see Navistar).  
Uses Cummins engine ISX15 (see Cummins). | [IC Bus, LLC, School & Commercial Bus Fuel Economy, 2008](https://www.icbus.com/) |
| Kenworth    | Minimize idling. Five minutes of warmup is generally adequate, and cooldown is accomplished when pulling in for parking. To verify the negative effect of excessive idling, watch the fuel economy display.  
<table>
<thead>
<tr>
<th>Navistar (Parent company of International trucks, MaxxForce engines)</th>
<th>MaxxForce Engines. Low idle speed for the MaxxForce DT, 9, and 10 diesel engines is 700 rpm (nonadjustable). If the engine coolant temperature is below 70°C (158°F), the electronic control module (ECM) will adjust the low idle speed from 700 rpm to a maximum of 875 rpm. High idle speed is a nonadjustable factory setting. The high idle setting depends on the application of the vehicle and has the following ranges: MaxxForce DT: 2,600 rpm through 2,770 rpm; MaxxForce 9 and 10: 2,325 rpm through 2,425 rpm. To prevent engine damage, do not extend low idle periods. Idling periods over 15 minutes should be avoided. Diesel engine efficiency is improved when the cylinder temperature remains high. Low temperature in cylinders may cause the following: (1) unburned fuel to seep from exhaust manifold gaskets and vehicle exhaust system connections (seepage has the dark-colored appearance of lubricating oil); (2) incomplete combustion, causing unburned fuel to wash lubricating oil from cylinder sleeves; (3) unburned fuel to be carried into the lubricating oil, diluting the oil and changing its viscosity; (4) carbon to form on turbocharger and exhaust gas recirculation (EGR) components, reducing engine efficiency; and/or (5) carbon to clog and damage the diesel particulate filter (DPF).</th>
<th>MaxxForce Engine Operation and Maintenance Manual 10 Diesel Engine, pages 55–58.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fast idle advance. The ECM monitors the engine coolant temperature (ECT) sensor. If the ECT is below 50°F (10°C), the ECM activates the fast idle advance. Fast idle advance increases engine idle speed for faster warmup to operating temperature. This occurs by the ECM monitoring ECT and adjusting fuel injector operation accordingly. Low idle speed is resumed when ECT reaches temperatures above 50°F (10°C) or the 100–second period times out. Low idle speed for Navistar’s 13L diesel engine is 600 rpm. If ECT is below 158°F (70°C) and cold ambient protection (CAP) is enabled, the ECM adjusts the low idle speed from 600 rpm to a maximum of 1,000 rpm. High idle speed is a nonadjustable factory setting. CAUTION: To prevent engine damage, do not extend low idle periods. Idling periods over 15 minutes should be avoided. Diesel engine efficiency is improved when the cylinder temperature remains high. Low temperature in cylinders may cause the following.</td>
<td>MaxxForce Engine Operation and Maintenance Manual 13L Diesel Engines</td>
<td></td>
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</tbody>
</table>
Navistar cont. | All vehicles that are in compliance with the clean idle calibrations will have a “Certified Clean Idle” label applied to the hood or door of the vehicle.
Before shutting down an engine that has reached operating temperature, idle the engine for 2 to 3 minutes, allowing the hottest engine components to dissipate some of their internal heat. Idling is recommended if an engine has been running at maximum horsepower.

| PACCAR | Idle the engine 3 to 5 minutes before operating with a load.
CAUTION: Do not allow your engine to idle, at low engine speeds (400–600 rpm), longer than 5 minutes. Long periods of idling after the engine has reached operating temperatures can decrease engine temperature and cause gummed piston rings, clogged injectors, and possible engine damage from lack of lubrication. The normal torsional vibrations generated by the engine can also cause transmission wear. If an engine must idle for an extended period of time, it should be done at fast idle (1,000 rpm or greater).
Caution: Do not operate the engine at low idle for long periods with engine coolant temperature below the minimum specification in “Cooling System.” This can result in the following: fuel dilution of the lubricating oil, carbon build up in the cylinder, cylinder head valve sticking, and reduced performance. If an engine must idle for an extended period of time, it should be done at fast idle (1,000 rpm or greater) until the coolant temperature meets the specification.
Prolonged periods of idling after the engine has reached operating temperatures can decrease engine temperature and could cause engine damage from inadequate lubrication. The normal torsional vibrations generated can also cause transmission wear. An idle shutdown feature, available on PACCAR engines, can be programmed to shut the engine down after a period of low idle operation with no driver activity. A flashing warning lamp will inform the driver of an impending shutdown. Failure to comply may result in equipment or property damage.
Never leave the engine idling when the vehicle is unattended. If the engine should overheat, immediate action is required to correct the condition. Failure to take immediate action may result in serious engine damage. If you must leave your vehicle unattended, shut down the engine.
Do not idle the engine for excessively long periods. Long periods of idling, more than 10 minutes, can cause poor engine performance.
Allow the engine to idle 3 to 5 minutes before shutting it off after a full-load operation. This allows adequate cooldown of pistons, cylinders, bearings, and turbocharger components, greatly increasing service life.

| Idle the engine 3 to 5 minutes before operating with a load.
CAUTION: Do not allow your engine to idle, at low
<table>
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<th><strong>PACCAR</strong> Cont.</th>
<th>revolutions per minute (400–600 rpm), longer than 5 minutes. Long periods of idling after the engine has reached operating temperatures can decrease engine temperature and cause gummed piston rings, clogged injectors, and possible engine damage from lack of lubrication. The normal torsional vibrations generated by the engine can also cause transmission wear. If an engine must idle for an extended period of time, it should be done at fast idle (1,000 rpm or greater). Caution: Do not operate the engine at low idle for long periods with engine coolant temperature below the minimum specification in “Cooling System.” This can result in the following: fuel dilution of the lubricating oil, carbon build up in the cylinder, cylinder head valve sticking, and reduced performance. If an engine must idle for an extended period of time, it should be done at fast idle (1,000 rpm or greater) until the coolant temperature meets the specification.</th>
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<tr>
<td><strong>PACCAR</strong> Cont.</td>
<td>Prolonged periods of idling after the engine has reached operating temperatures can decrease engine temperature and could cause engine damage from inadequate lubrication. The normal torsional vibrations generated can also cause transmission wear. An idle shutdown feature, available on PACCAR engines, can be programmed to shut the engine down after a period of low idle operation with no driver activity. A flashing warning lamp will inform the driver of an impending shutdown. Failure to comply may result in equipment or property damage. Idle the engine at 1,000 rpm for 4 minutes. Then low idle for 30 seconds before shutdown. This will allow circulating coolant and lubricating oil to carry heat away from the cylinder head, valves, pistons, cylinder liners, turbocharger, and bearings, preventing engine damage that could result from uneven cooling.</td>
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<tr>
<td><strong>Peterbilt</strong></td>
<td>Uses PACCAR engines (see PACCAR).</td>
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<tr>
<td><strong>Volvo</strong></td>
<td>Idling: Diesel engines are electronically governed. The idle speed is preprogrammed from the manufacturer. Low idle speed is adjustable within certain limits (for most engines between 600 and 750 rpm). The common belief that idling a diesel engine causes no engine damage is wrong. Idling produces sulfuric acid, which breaks down the oil and eats into bearings, rings, valve stems, and engine surfaces. Note: Avoid excessive idling. If the vehicle is parked for more than 5 minutes, stop the engine. An engine can burn from 3 to 5.5 liters (0.75 to 1.5 gallons) of fuel per hour while idling. During long engine idling periods, the engine coolant temperature may fall below the normal operating range. Incomplete combustion of fuel during the warmup period can cause dilution of the oil in the crankcase; formation of lacquer or gummy deposits on the valves, pistons, and rings; and rapid accumulation of sludge in the engine.</td>
</tr>
<tr>
<td>Anonymous North American Truck Manufacturer</td>
<td>“I would prefer no engine idle, but our customers demand that their trucks idle for basic reasons of heating or cooling of the cab by sleeper units for driver comfort. Average sleeper unit has a 40%/50% average 40% idle times and 50% on highway use (sleep time/work time). At basic start up, the engine is ready to start work. Diesel engines work off the heat of compressed air in the cylinders. At the first power stroke you have the heat needed to completely burn the fuel. Idle times have always been an issue and a waste of fuel. It was believed that the older engines needed to idle to warm up before use. The only difference that comes with age is that older diesel engines have a lower compression. Based on the age most engine compression has always been higher than 750 psi of compression, but you only need 370 psi for completed fuel burn (via car diesel). Today’s truck engines are way past 370 psi, and pressures are as high today as 3,000 psi of compressed air per cylinder. So with the first power stoke you have the heat needed for complete combustion of fuel delivered to the cylinder. Effects of idling: It’s a waste of fuel and increases wear of our engines because of idle speeds (650–700 rpm). The engine works less effectively when compression is lower because compressed air passes the compression rings of the piston. Compressed air passes the rings and transfers unburned oils and fuels to the engine crankcase and causes greater increase of wear to engine components. At higher engine speeds the engine makes a complete burning of the fuels at the higher compressed air and seals compression rings for better complete burn of fuels with less transfer to crankcase.”</td>
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5. CONTACT INFORMATION

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6. ACKNOWLEDGEMENTS

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https://sustainability-ornl.org

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